

# Bigfoot

## Nutrition Facts

2 servings per container

**Serving size**

**1/2 cookie (57g)**

<b>Calories</b>	<b>Per Serving</b>		<b>Per Container</b>	
	<b>280</b>		<b>570</b>	
	<b>% Daily Value*</b>		<b>% Daily Value*</b>	
<b>Total Fat</b>	14g	<b>18%</b>	27g	<b>35%</b>
Saturated Fat	8g	<b>40%</b>	17g	<b>85%</b>
<i>Trans</i> Fat	0g		1g	
<b>Cholesterol</b>	50mg	<b>17%</b>	95mg	<b>32%</b>
<b>Sodium</b>	490mg	<b>21%</b>	980mg	<b>43%</b>
<b>Total Carb.</b>	39g	<b>14%</b>	78g	<b>28%</b>
Dietary Fiber	1g	<b>4%</b>	2g	<b>7%</b>
Total Sugars	24g		47g	
Incl. Added Sugars	5g	<b>10%</b>	9g	<b>18%</b>
<b>Protein</b>	4g		7g	
Vitamin D	0.1mcg	0%	0.1mcg	0%
Calcium	210mg	15%	410mg	30%
Iron	1.1mg	6%	2.2mg	10%
Potassium	50mg	2%	110mg	2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.