## Rock Crawler

## **Nutrition Facts**

2 servings per container **Serving size** 

1/2 cookie (61g)

Calories	Per Serving 210		Per Container 420	
	% Daily Value*		% Daily Value*	
Total Fat	8g	10%	17g	22%
Saturated Fat	5g	25%	10g	50%
Trans Fat	0g		0.5g	
Cholesterol	35mg	12%	75mg	25%
Sodium	160mg	7%	330mg	14%
Total Carb.	31g	11%	61g	22%
Dietary Fiber	<1g	2%	1g	4%
Total Sugars	17g		33g	
Incl. Added Sugars	1g	2%	3g	6%
Protein	3g		7g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	410mg	30%	830mg	60%
Iron	0.1mg	0%	0.1mg	0%
Potassium	980mg	20%	1970mg	40%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.