

Blue Bear

Nutrition Facts

2 servings per container

Serving size

1/2 cookie (57g)

Calories	Per Serving		Per Container	
	280		560	
	% Daily Value*		% Daily Value*	
Total Fat	11g	14%	22g	28%
Saturated Fat	7g	35%	14g	70%
<i>Trans</i> Fat	0g		1g	
Cholesterol	40mg	13%	85mg	28%
Sodium	220mg	10%	440mg	19%
Total Carb.	42g	15%	84g	31%
Dietary Fiber	1g	4%	2g	7%
Total Sugars	23g		45g	
Incl. Added Sugars	0g	0%	0g	0%
Protein	4g		7g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	0mg	0%	0mg	0%
Iron	0mg	0%	0.1mg	0%
Potassium	0mg	0%	0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.