

Early Bird

Nutrition Facts

2 servings per container

Serving size

1 (57g)

	Per Serving	Per Container
Calories	270	540
	% Daily Value*	% Daily Value*
Total Fat	13g 17%	27g 35%
Saturated Fat	6g 30%	13g 65%
<i>Trans</i> Fat	0g	0.5g
Cholesterol	40mg 13%	85mg 28%
Sodium	380mg 17%	760mg 33%
Total Carb.	34g 12%	69g 25%
Dietary Fiber	1g 4%	3g 11%
Total Sugars	22g	44g
Incl. Added Sugars	21g 42%	42g 84%
Protein	4g	8g
Vitamin D	0mcg 0%	0mcg 0%
Calcium	20mg 2%	40mg 2%
Iron	0.6mg 4%	1.3mg 8%
Potassium	0mg 0%	10mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

CONTAINS: MILK, EGG, ALMOND, WHEAT