

# Flat Tire

## Nutrition Facts

2 servings per container

**Serving size**

**1 (57g)**

**Calories**

**Per Serving**

**320**

**Per Container**

**650**

**% Daily Value\***

**% Daily Value\***

**Total Fat**

15g **19%**

30g **38%**

Saturated Fat

9g **45%**

19g **95%**

*Trans Fat*

0g

1g

**Cholesterol**

55mg **18%**

110mg **37%**

**Sodium**

310mg **13%**

620mg **27%**

**Total Carb.**

45g **16%**

91g **33%**

Dietary Fiber

1g **4%**

3g **11%**

Total Sugars

31g

63g

Incl. Added Sugars

31g **62%**

62g **124%**

**Protein**

3g

6g

Vitamin D

0mcg 0%

0mcg 0%

Calcium

10mg 0%

20mg 2%

Iron

0.7mg 4%

1.4mg 8%

Potassium

10mg 0%

10mg 0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

CONTAINS: MILK, EGG, WHEAT