

# Going Bananas

## Nutrition Facts

2 servings per container

**Serving size**

**1/2 cookie (57g)**

<b>Calories</b>	<b>Per Serving</b>		<b>Per Container</b>	
	<b>240</b>		<b>490</b>	
	<b>% Daily Value*</b>		<b>% Daily Value*</b>	
<b>Total Fat</b>	9g	<b>12%</b>	19g	<b>24%</b>
Saturated Fat	6g	<b>30%</b>	12g	<b>60%</b>
<i>Trans Fat</i>	0g		0.5g	
<b>Cholesterol</b>	35mg	<b>12%</b>	70mg	<b>23%</b>
<b>Sodium</b>	160mg	<b>7%</b>	330mg	<b>14%</b>
<b>Total Carb.</b>	37g	<b>13%</b>	74g	<b>27%</b>
Dietary Fiber	2g	<b>7%</b>	4g	<b>14%</b>
Total Sugars	21g		41g	
Incl. Added Sugars	0g	<b>0%</b>	0g	<b>0%</b>
<b>Protein</b>	3g		7g	
Vitamin D	0.1mcg	0%	0.2mcg	0%
Calcium	120mg	10%	230mg	20%
Iron	0mg	0%	0.1mg	0%
Potassium	0mg	0%	0mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.